

Entertainment meets healthy living

For many years, **BHP Billiton**, the world's largest mining company, has been active at Olympic Dam, Australia's largest underground mine. As is typical for such large remote-site endeavors, one of the biggest challenges for them is to not only attract and retain quality workers, but also to find innovative ways to make sure they stay happy and healthy – both physically and mentally. That's why BHP Billiton recently decided to raise the bar for their Quality of Life services.

To enhance remote life for some 1,900 residents at two villages, BHP Billiton needed an experienced partner that could go beyond basic remote-site services and implement a truly modern, new-generation program that delivers effective health, lifestyle and entertainment benefits to everyone.

But BHP Billiton wasn't ready to settle for just any new improvement. They demanded a top-of-the-line program that makes the most of their state-of-the-art facilities and delivers positive results they can measure.

Sodexo was more than happy to step up to the plate and make it all happen.







Much more than just fun and games











WELL-BEING IS SERIOUS BUSINESS

Employee well-being is a critical issue in Australia, especially for large companies like BHP Billiton who constantly face fierce competition in the job market. BHP Billiton wanted to significantly enhance the quality of residents' daily life in a way that keeps them healthy and happy.

"We believe that how we treat people outside work has a differentiating outcome in terms of attracting people," says Paul Walters, Vice President Human Resources at BHP Billiton.

However, BHP Billiton knew that well-being wasn't their core business, so they decided to trust Sodexo's experience and know-how.

Part of Sodexo's mission is to promote safe and effective initiatives that help improve residents' well-being, while increasing their morale and productivity. This fresh new approach meant engaging workers with village life and introducing higher standards in catering services, refurbishment and other key areas.



A TAILORED PROGRAM THAT GETS RESULTS

The big game-changer was the Sodexo Symmetry Health, Lifestyle and Entertainment Program, an effective lifestyle-enhancement program designed to increase employee well-being and retention levels. It is run by fully qualified and accredited fitness professionals whose mission is to drive health and wellness initiatives across all components of village life, to constantly motivate residents to get involved, and to bring a real sense of community to the project.

At Olympic Dam, Sodexo coordinators propose a wide array of activities, including wellness challenges, social events, special themed evenings, offsite trips and much more. They also engage residents through regular communications, health checks, personal assessments, workout programs and warm-ups. Residents who aren't into the gym scene are even able to benefit from regular walking groups and outdoor circuits. So there's really something for everyone. This innovative program also provides healthy food options, including low-fat, low-saturated-fat, vegetarian and low-salt meals through Sodexo's Smartfuel offer.



HAPPY WORKERS STICK AROUND

By adopting Sodexo's program and services, BHP Billiton has already seen measurable reductions in staff turnover. Today it's as low as just 3% and, based on regular surveys, 90% of residents express satisfaction. This program has also encouraged residents to modify their behavior even when they're not on shift, bringing a positive impact to their personal lives. "The health and lifestyle coordinators have really been pumping up our people about living a healthy lifestyle and it is therefore something that we are really proud of," says Walters. What's more, Sodexo's approach has convinced BHP Billiton to expand its role. "We have extended the Sodexo contract to take care of the maintenance of our villages, which has helped us improve assets and reduce costs," Walters continues. And by combining the Symmetry program and Facilities Management services with more classic remote-site services – such as catering and cleaning – Sodexo has provided BHP Billiton with a valuable one-stop solution.