

Press Release

Sodexo and GMC: Setting the Precedence in Patient Care

- **Aarogyum launched at the hands of Hon. Health Minister of Goa, Vishwajit P Rane.**
- **Promoting a plant-based food solution in the scope of patient care for overall health and well-being.**

Goa, 8th December 2023: Sodexo's Health and Care wing introduces at Goa Medical College yet another innovative food solution, Aarogyum making strides in creating a marked differentiation in the patient nutrition space. It introduces healthy nutritious recipes integrating the goodness of millet. Coinciding with the launch of the Aarogyum-based menu, the Hon. Health Minister of Goa, Shri Vishwajit P Rane unveiled a cookbook which is a compilation of 25 recipes, curated by Sodexo in partnership with NGO, Sulabh International Centre for Action Sociology (SICAS) as a gesture to commemorate the International Year of Millets. Also, present at the launch were Dr Shivanand Bandekar, Dean of GMC, Dr Rajesh Patil, Medical Superintendent, Dr Uday Kakodkar, Nodal Officer, Super Speciality Block, GMC, and Sodexo leadership.

“Our partnership with Sodexo aligns with our vision for a robust healthcare system in Goa emphasizing the critical role of nutrition in promoting overall well-being. In addition to the progressive initiatives, we have undertaken in the scope of free IVF services, robotic surgery and setting up of gastroenterology institutes among others, this collaboration aims to enhance patient recovery and contribute to a healthier community,” said the **Hon. Health Minister of Goa, Shri Vishwajit P Rane**, as he inaugurated the transformative food program for patients, staff, and visitors.

“Our partnership with GMC has been an enriching one in delivering unique food experiences in the healthcare space thus creating a distinction. We appreciate the progressive mindset and thus the partnership with GMC under the leadership of Hon. Health Minister, Shri Vishwajit P Rane which has helped us enrich the overall well-being of hospital staff, medical students and patients with safe, healthy and hygienic food choices aiding speedy recovery and making their hospital stay comfortable,” stated **Sharad Misra, Country Segment Director for Sodexo's Health Care Division**.

The Sodexo team of dieticians, chefs and food handlers has been successfully serving at GMC with ~6000 nutritionally balanced and customised meals daily for five years in a row now.

To know more about Sodexo's services in the Health and Care space click here: <https://bit.ly/415pZKG>

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