

## REASONS TO GET THE COVID-19 VACCINE

1

TOP 5

None of the COVID-19 vaccines contain the live virus that causes COVID-19 so a COVID-19 vaccine cannot make you sick with COVID-19.

All COVID-19 vaccines currently available in the United States have been shown to be highly effective at preventing COVID-19.

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All COVID-19 vaccines that are in development are being carefully evaluated in clinical trials and will be authorized or approved only if they make it substantially less likely you'll get COVID-19.

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Based on what we know about vaccines for other diseases and early data from clinical trials, experts believe that getting a COVID-19 vaccine may also help keep you from getting seriously ill even if you do get COVID-19.



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Getting vaccinated yourself may also protect people around you, particularly people at increased risk for severe illness from COVID-19.

Wearing masks and social distancing help reduce your chance of being exposed to the virus or spreading it to others, but these measures are not enough. Vaccines will work with your immune system so it will be ready to fight the virus if you are exposed.

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For full-time, non-temporary, non-union Sodexo employees: If you have additional questions you would like to have addressed by a medical professional, you can call LifeWorks 24/7, free of charge, at (866) 675-6566 and ask to speak to a registered nurse regarding the COVID-19 vaccine. Calls to LifeWorks are 100% confidential. If you have questions/concerns about your personal health situation, you should speak with your health care provider. If you do not have a health care provider, the registered nurse can help you find one.



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